

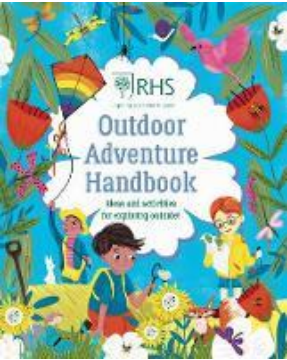
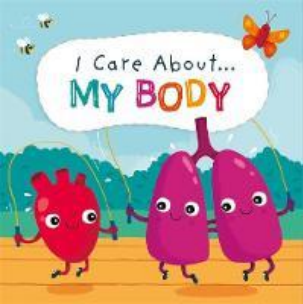
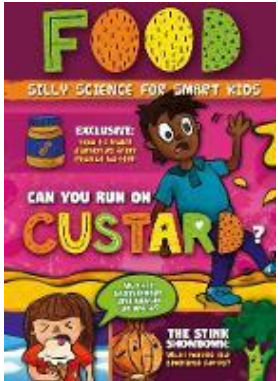
West Sussex Libraries

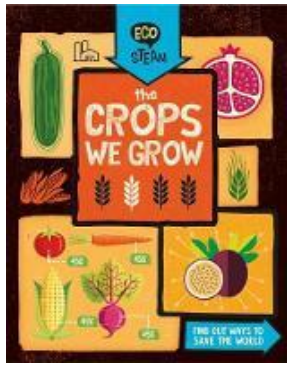
Food Explorers!

Information books about having fun with food, cooking, and staying healthy.

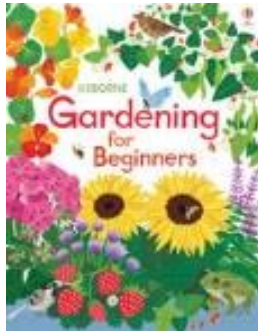
Clicking on individual titles will take you to the library catalogue where you can find out more about the book, find out which library has a copy, or reserve a copy for collection at your local library.

Information Books

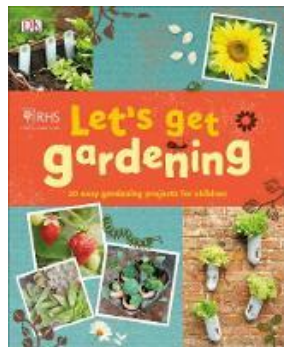
Book cover	Details
	<p>Title: Outdoor Adventure Handbook, Ideas and Activities Format: Information Book J508</p>
	<p>Title: I Care About My Body Author: Liz Lennon Format: Information Book J613</p>
	<p>Title: Food Author: Robin Twiddy Format: Information book J613.2</p>



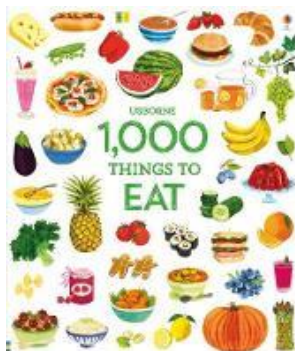
Title: [The Crops We Grow](#)
Author: Georgia Amson-Bradshaw
Format: Information Book J630



Title: [Gardening for Beginners](#)
Author: Emily Bone
Format: Information Book J635



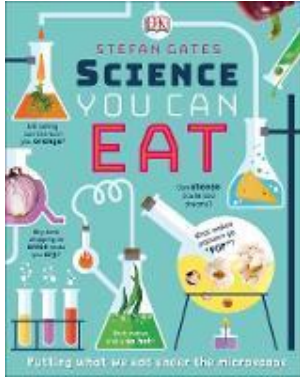
Title: [Let's Get Gardening](#)
Format: Information Book J635



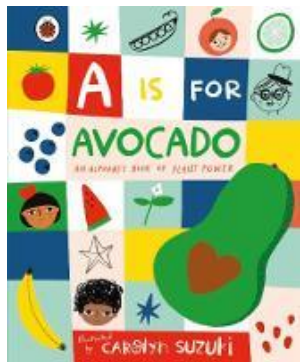
Title: [Usborne 1000 Things to Eat](#)
Format: Information book J641.3



Title: [100 Things To Know About Food](#)
Author: Sam Baer
Format: Information Book J641.3



Title: [Science You Can Eat](#)
Author: Stefan Gates
Format: Information Book J641.3



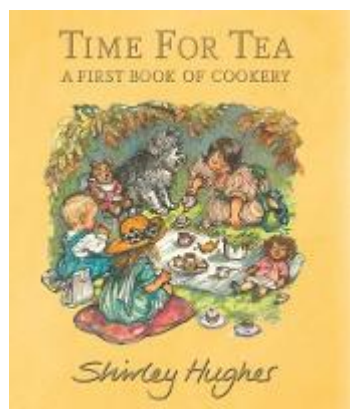
Title: [A is For Avocado](#)
Author: Carolyn Suzuki
Format: Information Book J641.34



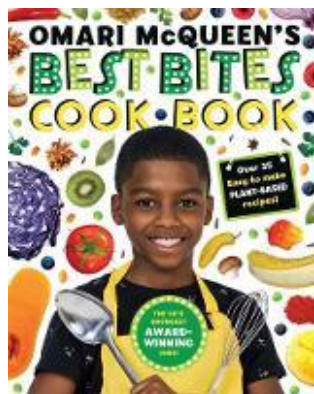
Title: [The Stick Man Cookbook](#)
Format: Information book J641.5



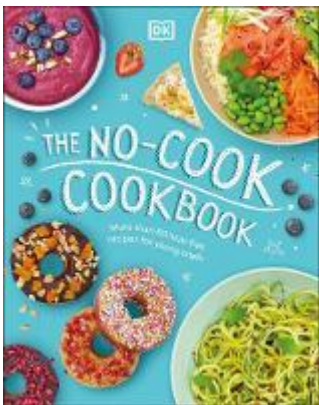
Title: [Fantastic Eats!](#)
Author: Angellica Bell
Format: Information book J641.5



Title: [Time for Tea: a First Book of Cookery](#)
Author: Shirley Hughes
Format: Information book J641.5



Title: [Omari McQueen's Best Bites Cook Book](#)
Author: Omari McQueen
Format: Information Book J641.563



Title: [The No-Cook Cookbook](#)
Author: Rebecca Woollard
Format: Information Book J641.79

April 2021