

West Sussex Libraries

Fit and Strong

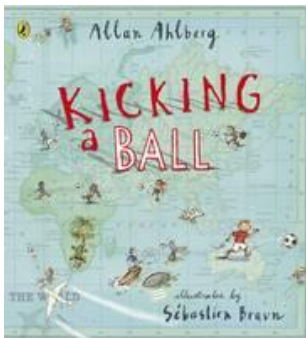
Fun picture books about sport, movement, and staying strong and healthy.

Clicking on individual titles will take you to the library catalogue where you can find out more about the book, find out which library has a copy, or reserve a copy for collection at your local library.

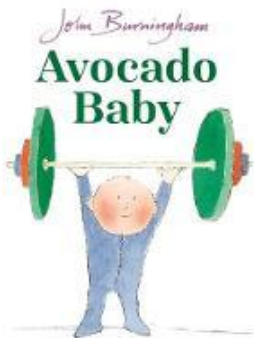
Book Type

Book cover

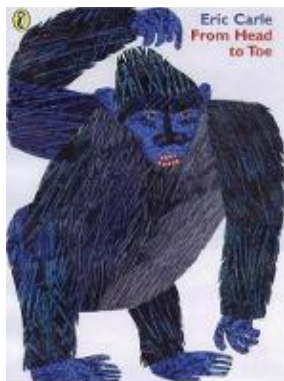
Details



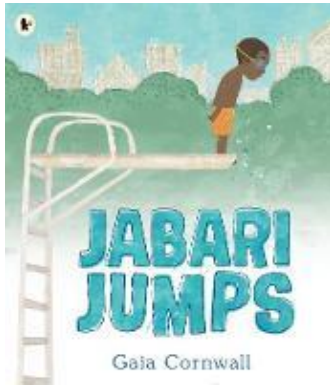
Title: [Kicking a Ball](#)
Author: Alan Ahlberg
Format: Picture book



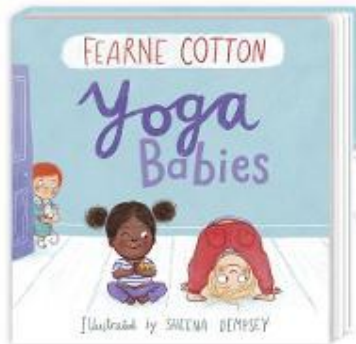
Title: [Avocado Baby](#)
Author: John Burningham
Format: Picture book



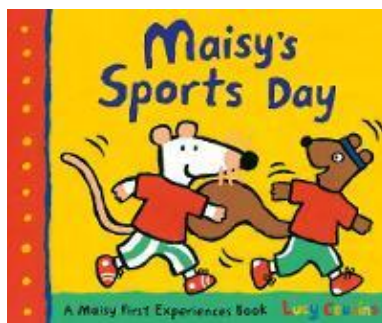
Title: [From Head to Toe](#)
Author: Eric Carle
Format: Picture book



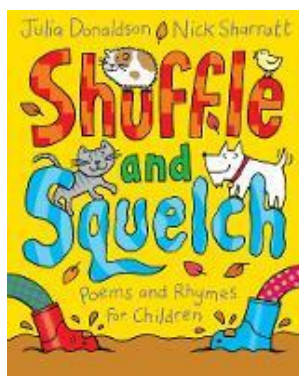
Title: [Jabari Jumps](#)
Author: Gaia Cornwall
Format: Picture book



Title: [Yoga Babies](#)
Author: Fearne Cotton
Format: Picture book



Title: [Maisy's Sports Day](#)
Author: Lucy Cousins
Format: Picture book



Title: [Shuffle and Squelch](#)
Author: Julia Donaldson
Format: Picture book



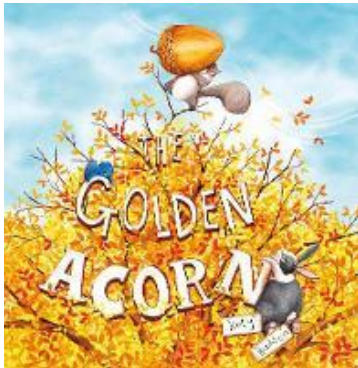
Title: [Happy](#)
Author: Nicola Edwards
Format: Picture book



Title: [Supertato: Run, Veggies, Run!](#)

Author: Sue Hendra

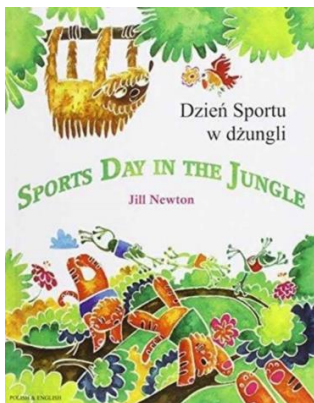
Format: Picture book



Title: [The Golden Acorn](#)

Author: Katy Hudson

Format: Picture book



Title: [Sports Day in the Jungle](#)

Author: Jill Newton

Format: Dual-language picture book – Polish

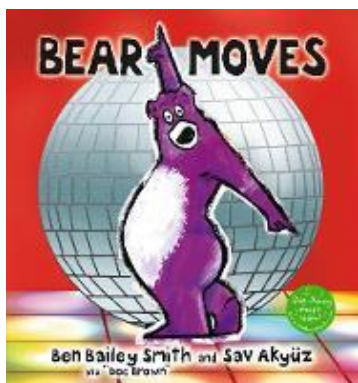
Available in other languages



Title: [Every Bunny Dance](#)

Author: Ellie Sandall

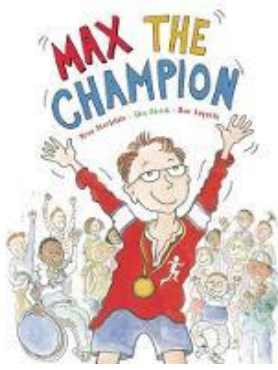
Format: Picture book



Title: [Bear Moves](#)

Author: Ben Bailey Smith

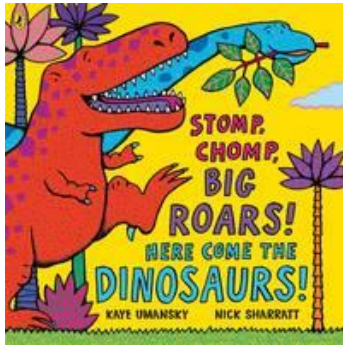
Format: Picture book



Title: [Max the Champion](#)

Author: Sean Stockdale & Alexandra Strick

Format: Picture book



Title: [Stomp, Chomp, Big Roars! Here Come the Dinosaurs!](#)

Author: Kaye Umansky

Format: Picture book

April 2021