



**Summer 2020**

# Children in Care Council

**"We're a group of young people in care from across West Sussex. We meet to get our voices heard and to improve services for children and young people in care."**

## Exceptional People in Care (EPIC) Awards!

The annual Exceptional People In Care (EPIC) awards have been running for nine years and are organised by us, the Children in Care Council and professionals who work with us.

So who can be nominated? Anyone aged 5-25 who is looked after by, or a care leaver of West Sussex County Council can be nominated for an award. Lots of nominations have come in so far, but it would be really great if we could make it the biggest one yet! So many young people deserve to be recognised for their achievements, so don't forget to speak to your carer and those professionals working with you to see if they've nominated you! You can also nominate an adult in your life for an award by going to [www.westsussex.gov.uk/epic](http://www.westsussex.gov.uk/epic)



**Exceptional People In Care**

Due to social distancing measures, we are planning to reschedule this year's event, but we will keep you posted in our next newsletter about when this may be. **Stay safe!**

## CC's Wordsearch

- VOICE**                      **NEWSLETTER**                      **EQUALITY**
- YOUTH**                      **SUPPORT**                      **CHILDREN**
- CARE**                      **CAMPAIGN**                      **LISTEN**
- EPIC**                      **ROLE MODELS**                      **CICC**
- CARE LEAVERS**                      **IMPROVE SERVICES**



All of our newsletters are on Your Space, a website designed for young people in West Sussex.  
Have a look at what activities and campaigns we've been getting up to at:  
[www.yourspacewestsussex.co.uk](http://www.yourspacewestsussex.co.uk)



The Promise 2020 is West Sussex County Council's commitment to how we will support young people in care and care leavers.

It has been written by members of the Corporate Parenting Panel, young people in care, care leavers and the professionals who work with them.



### INVOLVING YOU WE PROMISE

- To ask your views, listen and act on what you tell us
- Tell you what you need to know
- To give you information you need at the right time, to help you make the right decisions
- To be a good friend



### EDUCATION, TRAINING AND WORK WE PROMISE

- We will help you develop skills for life and work
- To celebrate your successes with you
- To champion your education
- To help you get the qualifications, interview skills, training and opportunities you want



### HEALTH AND HAPPINESS WE PROMISE

- That you will have somewhere safe to live
- To help you stay in touch with people who are important to you
- To support you to be happy and healthy



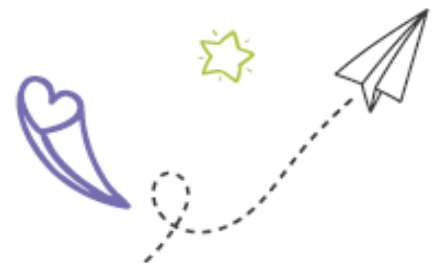
### SUPPORT AND ADVICE WE PROMISE

- To avoid unnecessary changes
- To make sure you know who will support you and that important people keep in touch with each other to help you
- You will get the support and resources you need to help toward your goals
- You will have a social worker and have access to other professionals you might need



### LEAVING CARE WE PROMISE

- To put in place what you need when you leave care
- To help you make a clear plan for your life ahead after care



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## What You Need To Know...

Every local authority has a Children in Care Council (CICC) and we are the CICC of West Sussex! This newsletter has been produced by West Sussex County Council's Voice and Participation Team and approved by the West Sussex CICC. For more information, feel free to contact [cicc@westsussex.gov.uk](mailto:cicc@westsussex.gov.uk)

