Our Plan for adult social care services
2019 - 2021

EasyRead version of:
Adult social care in
West Sussex
Our vision and strategy 2019-2021
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Kim Curry, Executive Director, Children’s, Adults’, Families, Health and Education;

Amanda Jupp, Cabinet Member for Adults and Health.

This document talks about our plan for what we want to do to make sure the services we run for adults are the best that they can be.

We want to keep working together and make sure we make more use of community services.
We want to give people support early on, when they need it and we want to support carers more.

We want to change how we support people to make sure they can be more independent and are able to live at home.

We want people to be really happy with their support.

We also want to keep people safe and we will all work together to help make this happen.

We have done a lot of good work and want to do much more over the next 3 years.
About this document

This document is from West Sussex County Council.

We want to support adults with social care needs to be as independent as they can be.

We want people to find West Sussex a good place to live as they get older.

We want people with social care needs to feel included and their families and carers too.

We want to make sure people can make choices about their lives.

This document is about how we can all work together to make this happen.
What we are going to do:

- Help people with care and support needs to be more independent.
- Give them support early on.
- Meet people in the community closer to where they live.
- Support carers like family and young carers.
● Work with the NHS to make services better.

● Give people as much choice and control as possible about their support.

We don’t just want to save money. We want to give people the best services by working together.
Adult social care in West Sussex

There are going to be a lot more people over the age of 65 living in West Sussex over the next 20 years.

Sometimes people live in care homes when they are older.

There will not be enough care home places for people to live in when the numbers go up.

Also, many people like to stay living in their own homes.

So, we want care homes to be used short-term in the future. And for people at the end of their lives if they need it.
We will also support working-age people with social care needs in a way that works for them. For example:

- People with learning disabilities
- People with mental health issues
- People with physical disabilities
- People with sight and hearing difficulties
- People with a brain injury
What we want to do

1. Keep people safe from abuse and neglect.

   **Abuse** is when someone treats you badly.

   **Neglect** is when someone is not taken care of properly.

   The person should always be put first and get the support that they want.

2. Support people to be independent

   We want to make sure there are lots of services for people in their communities that can make their lives better.
This will help stop people feeling alone.

It will help people be more independent.

We want to use more equipment to help make people’s lives easier. For example, wheelchair ramps and alarms.

We will support people to use the skills they need to make life easier.
3. Give people the support they need

We will support people to do the things they want in their lives.

Support must be good quality.

4. Make sure people have choice and control

People will have the choice and control over how to live their lives and the support and services they want.
Our plan

We want to make sure we deliver high quality care now and in the future.

We will look at the difference that care is going to make to a person.

We want to:

Change how we plan and run services

- We will work with other organisations to make sure services help people reach their goals.

- Improve the information and advice we give.
● Make sure that there is support for family and friends who are carers.

● Help improve people’s wellbeing throughout their lives and give support early on.

● Give people the equipment they need to make life easier. For example, alarms and wheelchair ramps.

● Make sure services are high quality and can last.
Support people nearer to where they live

We want to support people at an early stage and help them stay part of their community.

We want to meet them in places nearer to where they live.

We call this ‘Supporting Lives Connecting People’.

- This means we will look at the activities that you can do in your local area to support you to stay independent.
● We want to work more with the NHS, charities and community groups.

● We want people to be able to use their skills.

Make sure our services help you to be as independent as possible.

● The Council’s day services will help people reach their goals.

● We will share buildings with other organisations.
● We will work more with other organisations to make sure people get the support they need.

● We will give people the information they need about support.

We will work equally with people we support and their carers.

● We will work equally with people we support and the families and friends who care for them.

● We will do this when we are changing the services people use or when we are helping people to plan their support.
● Working in this way is called **co-production**.

We have talked with people who use our services and their carers. They made some rules about **co-production** to make sure it works well.

The rules tell us what the Council needs to do so that everyone can be involved equally.

The rules are based on what people who need support said they want.

The rules are:

**1. Empowerment** – this means giving people the power to make the choices they want in life.
1. Understanding and choices

- Understand me and the choices I make about my life.
- Listen to what I say and want.
- Make sure I am involved in planning my services.

2. Getting involved equally

- Let me know about any changes that may affect me early on.
- Give me the support I need to get involved.

3. Listening and understanding

- Listen to me and show you have heard, because I know what I need the best.
● Be open and honest with me and tell me if something cannot happen.

● Treat me with respect, because I have the right to make choices and take risks.

● Understand that I have the right to make choices and take risks.

● Make sure information is clear and easy for me to understand.

● Make sure information is correct and on time.

● Tell me how long I have to respond.
Give me enough time to think about things and understand any changes to my support.

Our Staff

Our staff are really important to the work we do.

It is really important that our staff can follow our plans well.

We will make sure our staff understand what they need to do in their job and carry out their job well.

We will check that staff are well and happy.

We will make sure our staff have the skills they need.
We will support staff to work in the way we want them to so they achieve our goals.

It is often hard to find staff for social care work. We will work with other organisations to get the best staff.
How we will check this plan is working

We will ask for feedback from people who use our services and their carers.

We will talk to other councils and find out how they do their work.

We will check the work we do to make sure we are reaching our goals.
Credits

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