




## Thriving in Education Grant Application 2026

<b>Name of Setting</b>	X Nursery
<b>Name of EY Educator project lead</b>	Mr S M Leath
<b>EY Educator project lead Email</b>	smhl@xnursery.org
<b>Name of Setting Manager</b>	Ms S Manager
<b>Setting Manager Email</b>	head@xnursery.org
<b>Name of Business/Finance Manager</b>	P Cash
<b>Business/Finance Manager Email</b>	sbm@xnursery.org
<b>Total amount of Thriving in Educations Grant available (up to £3,000 per setting)</b>	£1000.00
<b>Date Application Submitted</b>	05.06.26

Applications should be sent to [thrivingin.education@westsussex.gov.uk](mailto:thrivingin.education@westsussex.gov.uk) by 5<sup>th</sup> June 2026.

Please accept this as our application for the 2026/27 Thriving in Education Grant.

I understand that, should our application be successful, the allocated grant must be spent by the end of the 2026/7 academic year and that a project report using routine outcome measures and the outcome/impact measures should be completed and shared by 17th July 2027.

Role	Signature	Date
Setting Manager		05.06.25
EY Educator Project Lead		05.06.25
Finance Manager		05.06.25

## Eligibility Criteria

Have you provided evidence of your self-assessment process of their work to support mental health and wellbeing.	Yes – attached
Have you included a spending proposal for use of the grant below?	Yes – attached
Which of the domains does your grant apply to?	<input type="checkbox"/> Leadership and management <input checked="" type="checkbox"/> Ethos and environment <input type="checkbox"/> Curriculum, teaching and learning <input type="checkbox"/> Child's voice <input type="checkbox"/> Staff development, health and wellbeing <input type="checkbox"/> Identifying need and monitoring impact <input checked="" type="checkbox"/> Working with parents, families and carers
Is your spending proposal focused on primary prevention?	Yes
What is the issue/problem you are trying to address using the grant?	We are seeing an increase in the number of children with delays in their Personal, Social and emotional Development. These children are often struggling with the nursery routine, and their parents are also reporting that they are finding supporting their child at home difficult.
What evidence have you provided to show need within your setting?	Staff observations of children and parent survey – results attached.
Which outcome measures will you be using both pre and post delivery of the project?	<a href="#">Self-evaluation Instrument for Care Settings manual</a> and parental confidence survey - attached
Give details of the evidence base for your proposal.	<ul style="list-style-type: none"> <li>• <a href="#">ffy self-regulation-booklet-pdf.pdf</a> – recommend the use of calming spaces and mindful listening as 2 approached to support children's emotional wellbeing.</li> </ul>

	<ul style="list-style-type: none"> <li>• <a href="#">Self-regulation strategies   EEF</a> – identifies explicit teaching with scaffolding opportunities as a key strategy in support children to develop self-regulation.</li> <li>• <a href="#">Home - Starting Reception</a> highlights a definition of children’s readiness to start in Reception class in school. This includes growing independence and building relationships. We want to support children to develop these skills to ensure they can be ready to confidently start school.</li> </ul>
What is the SMART goal of your project proposal?	To increase the children’s wellbeing, involvement and engagement in the early years curriculum in our setting by the end of June 27. To improve parental confidence in supporting their child’s emotional wellbeing at home by the end of June 27.
Please provide bank details for your setting so that, if successful, the grant can be transferred in September 2026.	Bank details available on the Portal as the setting delivers EYFE.

**Please provide a brief outline of your proposal, including approximate costs:**

**Rationale for developing our parent partnership and developing our ethos and environment.**

Research on brain development has helped us to understand the importance of the adult role in child development but practice has not always kept pace with the evidence base. As a setting, we are aware that our practice is not aligned with all the current research available. We are also aware that many families are experiencing pressures that have impacted on family life and families have not had access to the advice and guidance that would support them in meeting their child’s needs. We know that parent partnership is critical to children achieving their full potential, so we have built in this element to the support we plan to offer in our setting.

We plan to deliver a staff training session and an information session to families to support them in understanding and engaging with this development.

We plan to develop a calming space within the setting that children, and staff, can access when they need some time away from the rest of the environment. All staff will model the use of this space and reinforce its purpose with children, encouraging them to use it when they need it.

We will have a focus on understanding our emotions and how we feel these in our bodies to help children to understand that feelings are good and we need to learn how to respond to them.

We will also buy new resources to support children to develop mindfulness techniques to support them to develop self-regulation strategies. These will be available in the setting and on loan to families to use at home to support their child to enable a consistent approach.

We will initially focus this on children who are struggling but we aim to make this part of

our universal, inclusive practice to support all children in our setting.

**Costs:**

Books

[Just Breathe, Bear | BookTrust](#) - £6.99

[What a Day: A mindful moment for bedtime | BookTrust](#) - £7.99

[The Snappy Shark | BookTrust](#) - £7.99

[Some Days I'm the Wind | BookTrust](#) - £12.99

Resources for setting and kits

Scarves - £8.99 for 18 piece set

Feathers - £6.99 for 300 piece set

Chime bar - £6.99 each

Breathe ball - £4.99 each

Glitter jars - £11.99 set of 4

Puppets - £16.99 each

Staff Training

Release time – 4 days @ £100 per day

Workshop for Families

Staff time – 3 days@ £100 per day

<b>Item</b>	<b>Unit Cost</b>	<b>Number to Buy</b>	<b>Total Cost</b>
Just Breathe Bear book	£6.99	3	£20.97
What a Day book	£7.99	3	£23.97
The Snappy Shark book	£7.99	3	£23.97
Some Days book	£12.99	3	£38.97
Scarves	£8.99	1	£8.99
Feathers	£6.99	1	£6.99
Chime Bars	£6.99	3	£20.97
Breathe Ball	£4.99	6	£29.94
Glitter Jars	£11.99	4	£47.96
Puppets	£16.99	6	£101.94
Staff costs	£100	7	£700
<b>Total</b>			<b>£1024.67</b>

Please return to [thrivingin.education@westsussex.gov.uk](mailto:thrivingin.education@westsussex.gov.uk) by 05/06/26