

Minutes

26th Feb 2025, Worthing Town Hall



A copy of the minutes will be posted on the council's webpage.

Who came to the Board meeting is listed at the end of these minutes.

Introduction

This meeting was co-chaired by Amanda Jupp (WSCC Councillor) and Andrew Walker (Self-Advocate)



The things we focussed on for this meeting were:

- **Learning Disability Health Facilitation Team (LDHFT)**

Megan O'Hanlon and Nicola Smith spoke to the Board about their work with the Learning Disability Health Facilitation Board

- **Adults' Services Update**

Alan Sinclair spoke to the Board about work being done to review how Adult Services deliver services for adults with lifelong support needs across West Sussex.





Presentation 1:

Learning Disability Health Facilitation Team (LDHFT)

Megan and **Nicola** talked to the board about how **The Learning Disability Health Facilitation Team**.

The **Learning Disability Health Facilitation Team** Support people aged 14+ with a diagnosed learning disability.

The Health Facilitation Team:

- Support people to access healthcare services like blood tests.
- Provide easy-read documents
- Support people to understand new places, equipment, and staff before appointments.



- Work with Doctor's surgeries to ensure people have annual health checks



- Provide training to Doctor's surgeries about supporting people with learning disabilities.



The Learning Disability Health Liaison Team:



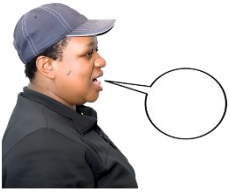
- Support people while they are in Hospital



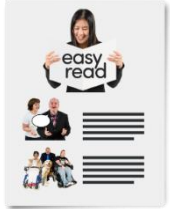
- Help with reasonable adjustments (for example - quiet rooms, hoist access)



- Promote and check My Care Passports.



Nicola talked to the Board about working as a **Learning Disability Health Assistant**



Nicola's Job includes:

- Producing Easy Read documents to support people with learning disabilities.



- Visiting hospitals to see how they support people with learning disabilities.



- Nicola recently qualified as an Oliver McGowan trainer and has delivered her first training which she is very proud of.



Discussion



The Board wanted to learn more about the Oliver McGowan training and wanted to hear how the training is delivered

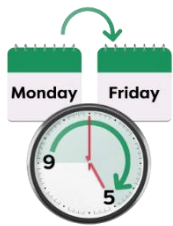


The Board were told that most of **Sussex NHS Foundation Trust** Staff have completed **Part 1** of the training, and this is being followed up with **Part 2** face-to-face training in the next year.

The Trust aim to deliver the full Oliver McGowan training to most health staff.



The Board also raised that there are still significant challenges for individuals with learning disabilities in A&E.



The Board were told that the Service only operates from 9am-5pm and out of hours support is limited.



People are encouraged to ask a nurse to contact Acute Liaison Team when support is needed and available.



The Learning Disability Health Facilitation Team continues to work with hospital staff to improve support for people with learning disabilities, particularly on the emergency wards.

Presentation 2



Executive Director of Adults' Services and Health (DASS), **Alan Sinclair** spoke to the Board about work being done to review how Adult Services deliver services for adults with lifelong support needs across West Sussex.



Adults' Services currently support over 10,000 people.



It costs £230 million a year.



Adult Services want to make sure that the funding is used in the best way.



Alan said it is important to listen to people who use services and that their ideas will help the review.



Discussion

Alan asked the Board for some feedback about the following:

What Works Well?

The board fed back:



- Good relationships with support staff
- Meaningful activities in day services (for example, money management and wellbeing activities).
- Support that promotes independence.
- Good accommodation near shops and public transport
- Access to day services





What Doesn't Work Well?

The Board fed back:



- Cuts to support hours, mean people cannot do as much as they would like.



- People find it difficult to talk to a social worker when they need to.



- Important documents like Policies, and Agreements are not easy to understand and contain confusing language



How do services help you to do more things for yourself:

The Board fed back:



- Support staff help people to do things for themselves.



- Staff support and help people feel more confident.



- Services support people to access community places.



- Services offer person centered skills- like cooking, budgeting, healthy eating, independent living skills, and exercise classes.



How do services make a difference in your life?

The Board fed back:



- Some services provide 24-hour support when required.



- They help with budgeting, cooking, and daily living skills.



- They are there if people need someone to talk to.



- Staff can support people to protect themselves from fraud and scams. which could affect their safety and wellbeing.



Any other business



James Ironside Service Manager for Information and Inclusion, introduced himself to the Board



James and his team will be supporting the Learning Disability Board from the next meeting



James suggested that at the next meeting the Board could talk about how they want the meetings to go, who they think should attend and what they want to talk about at future meetings.



The Board wished a fellow Board member a happy birthday.



Co-chair Councillor Amanda Jupp announced that she will be stepping down from the learning Disability Partnership Board, and that this meeting will be her last.



Councillor Jupp said that it has been a privilege to work with everyone and wished them well for the future.



Co-chair Andrew Walker thanked Amanda Jupp on behalf of the Board for her support over the many years she has been part of the Learning Disability Partnership Board



Andrew told Councillor Jupp that she will be missed by the board and said that she would be welcome to visit the board any time she liked.



Date of next meeting

To be confirmed



Venue

To be confirmed

Who came to the Board:

Councillor Amanda Jupp - Member for Adult Services (Co-Chair)

Andrew Walker - Self Advocate, Speakabout (Co-Chair)

Daniel Arundel - Self Advocate, Bognor and Chichester Voice

Nicola Smith - Self Advocate, Bognor and Chichester Voice

Wendy Byrne - Self Advocate, Speak Up

Richard Hamilton - Self Advocate, Speak Up

Matthew Wassell - Our Active Community Worthing Mencap

Laura Appleton - Our Active Community Worthing Mencap

Jane Blackwell - Library Service/Disability Register

Aldingbourne Trust

Ellie Dunn - SCFT

Leila Maddock - SCFT

Lynne Smith - Adult Education WSCC

Gaynor Crayden - ALD Programme WSCC

Gary Capelin - Peer Support Coordinator WSCC

James Ironside – Service manager WSCC

Paige Maughan - WSCC

Fung-Yee Hite - Liaison Officer WSCC

Alan Sinclair - Executive Director of Adults' Services WSCC