We work with adults who have a physical impairment or illness and children with a permanent and substantial disability, in their own homes. The service includes Occupational Therapists (OT), Rehabilitation Officers for Visually Impaired (ROVI) and OT and ROVI Assistants.

**How can we help?**

We can help in the following ways:

- Give advice and information to you, parents, professionals, carers and family members.
- Help you to increase your independence and promote your health and wellbeing.
- Help you live in your own home as safely as possible.
- Carry out an assessment of your current needs and abilities, and explore the best way to overcome difficulties.
- Direct you to other services that may be able to help.

**Occupational Therapy**

Our Occupational Therapy staff will assess and support adults and children by offering advice, information and techniques about the most effective way to manage their long-term condition/disability, which can impact on daily living activities. This may include:

- Assessing your needs and helping you to make decisions about how they can be met. For example looking for practical solutions if you have difficulty bathing, toileting and getting up and down stairs.
- Signposting you to services that will enable you to get out into the wider community.
- Looking at your home environment to see what physical barriers there may be to your independence, such as stairs, inaccessible bathrooms or access to the outside of your home.
- Advice and assistance on adapting your own home to meet your needs and overcome these barriers.

**Rehabilitation Officers for Visually Impaired**

Our ROVIs will assess your needs if you have significant sight loss. They will look at providing advice and techniques to support you to manage the limitations of your visual impairment, which impact on your daily living activities. This may include arranging equipment for you to enable you to live independently in your own home.

We can support you if you have difficulty with mobility and communication or if you need to register as sight impaired or severely sight impaired.

Please contact Adults’ CarePoint if you would like more copies of this leaflet or you need this information in another format, for example on audio CD, large print or in another language.
Getting in touch

Please contact us if you have any questions, or think we may be able to help you or someone you know. We accept self referrals and referrals from parents, family, carers, friends and other health professionals.

**Adults’ CarePoint**
- Phone: 01243 642121
- Email: socialcare@westsussex.gov.uk
- Website: www.westsussex.gov.uk
- Postal address: 2nd Floor, The Grange, County Hall Chichester, West Sussex, PO19 1RG

You may also be interested in some of our other information. Please ask Adults’ CarePoint for copies or visit our website (see above) and search for adults’ social care publications or children and families publications.

- Disabled Facilities Grants (WS236)
- Comments, compliments and complaints about Adults’ Services (WS31178A) or Children’s Services (WS31178B)

www.westsussexconnecttosupport.org

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How the service helped me

**Adults’ Occupational Therapy**
Peter is 85 years old he suffers from rheumatoid arthritis. Peter struggles to get in and out of his armchair and on and off the toilet. He has had his needs assessed and been given a raised toilet seat and his armchair has also been raised. He was also provided with advice about the best way to manage his arthritis, by putting less stress on his joints, so that he can live at home independently.

**Children’s Occupational Therapy**
Andrew is 12 years old. He has cerebral palsy and uses a powered wheelchair. He was unable to get into his home on his own due to a high step at the front door. An Occupational Therapist supported a Disabled Facilities Grant to install a ramp for Andrew. Andrew is now able to access the property without his mum.

**Visual Impairment**
Harry has Macular Degeneration. He had lost a lot of confidence in going out alone safely. He contacted the ROVI Sensory Duty Team. After a number of mobility sessions with a ROVI Harry now has the confidence to go into the local town by himself to get his shopping, attend the library and meet with friends.