# **FREE Support Sessions**

for Secondary School Staff

# Who is this group for?

Staff who work directly with children who have or have ever had a social worker and who are displaying trauma related behaviours.

# What is the aim of the group?

We recognise that working with children who have experienced trauma can have a real impact on the wellbeing of staff. The aim of this group is to provide an opportunity for attendees to get to know others facing the same challenges in school and to share best practice in a supportive and open environment.

Three separate groups are running in different areas of the county. Each group consists of four sessions. Attendees will need to be able to commit to all four sessions across one term (either Autumn, Spring or Summer)

### Autumn term 2023

Thursdays: 28th September; 19th October; 16th November; 30th November Venue: Aldingbourne Country Centre, Westergate, Chichester 1pm – 3pm

## Spring term 2024

Thursdays: 18th January; 8th February; 29th February; 21st March

Venue: Crawley Baptist Church, Crawley 1pm - 3pm

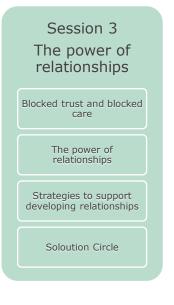
### Summer term 2024

Thursdays: 16th May; 13th June; 27th June; 4th July

Venue: The Wave, Worthing 1pm - 3pm

# Session 1 Trauma, attachment and the brain Adversity and brain development The window of tolerance and stress responses Introduction to attachment Adverse childhood experiences Introduction to Solution Circles







To book a place please use West Sussex Services for Schools



