

Meals delivered to your home

We help clients by delivering meals to their homes. This helps them live independently.

Tell us if you would like the person who delivers your meal to wear a face mask.



All up to date prices are available on our website



- 1 Main Course + 1 dessert
- Meals delivered every day between 11am and 2pm
- A wide-ranging menu for you to choose from

Tea Packs can be delivered with your hot meal



- 1 Sandwich + 1 cake + 1 fruit
- Chilled food for the evening meal.
- A big choice of snacks and sandwiches.

Contact Us

There are many ways for you to contact us. Ask for extra help if you need it.

Our contact details

- Call us on 0330 2000 103
- Email us on: westsussex@hils-uk.org
- Visit our website at www.hils-uk.org
- Send a letter to:

HILS West Sussex
Dove Lodge Community Centre,
49 Beach Road,
Littlehampton,
West Sussex,
BN17 5JG
United Kingdom



Let us know if you need extra help





- For people who can't see very well we have large print menus.
- Just tell us your address and we can send one to you.
- Our team is very friendly call us if you need help with anything.