## PARENT/CARER GUIDE TO CONTACT WITH THE ELECTIVE HOME EDUCATION (EHE) TEAM

The EHE team offer home visits, telephone appointments, and request written reports. They look to explore and gather information relating to the following areas to support you in your home education journey:

A FULL-TIME EDUCATION     Although not legally defined, education must occupy a significant proportion of a child's life     Children who attend school do so for between 22 and 25 hours a week, for 38 weeks a year     Ideally it will incorporate academic learning, practical/outside learning and exploration, physical activities, socialising	Is there a routine or structure in place, or do you employ a different approach?     Is the education adult-lead or child-lead?     What is looking to be achieved on any given day?	PEOPLE DELIVERING THE EDUCATION  Do you work one-on-one with your child? Does your child study independently? Do any other family members, friends, or tutors deliver learning? Does your child attend any group learning sessions?	These areas are a priority and must be studied on a regular basis     What learning resources are used to support your child?     Is your child working at a level which is appropriately challenging for them as an individual?
This means a variety of learning opportunities and topics being covered to enable your child to develop a broad range of knowledge and skills     It is good to explore your child's strengths and interests  ADVICE AND CHIDANCE	HELPING YOUR CHILD TO PROGRESS AND OVERCOME CHALLENGES   • Are there any areas of learning your child finds particularly challenging?  • How are they being helped to overcome these?  • How is feedback given to your child?  • How are they being helped to move on with their learning?  • Does your child wish to share anything with us?  • How do they feel about being EHE?	PREPARING FOR NEXT STEPS  • This means looking at transitions your child might be making  For example:  o primary to secondary level o moving on to GCSE-level work o preparing for exams and post-16 (college, employment) o returning to school	<ul> <li>WELLBEING AND SOCIAL INTERACTION</li> <li>How is your child's mental and physical wellbeing?</li> <li>Is your child spending time outside the house?</li> <li>Are they receiving support from any agencies?</li> <li>Are there any medical diagnoses you would like to inform us about?</li> <li>Are there opportunities for your child to spend time with family, friends and peers?</li> <li>Do they attend clubs or local EHE group meetups?</li> </ul>

## **ADVICE AND GUIDANCE**

- If needed, we offer general guidance to help with your EHE journey
- We can signpost you to appropriate learning resources
- We can help you to engage with other agencies and teams if you are looking for specific support for your child

**CONTACT DETAILS:** Phone 0330 222 3300 **Email** <u>ehe@westsussex.gov.uk</u>