FREE Support Groups

for Primary TAs, LSAs and other support staff

Who is this group for?

Support staff who work intensively with children who are displaying distressed behaviours as a result of trauma. This group of children includes:

Children we care for
Those who are now adopted
Those subject to a Special Guardianship Order
Those subject to Child Arrangements Order
Children with current or previous social care involvement

What is the aim of the group?

We recognise that working with children who have experienced trauma can have a real impact on staff. The aim of this group is to provide an opportunity for attendees to get to know others facing the same challenges in school and to share best practice in a supportive and open environment. The sessions offer both theory and practical strategies to support children in the school environment.

Each group consists of four sessions and will focus on a different theme

Session 1
Trauma and the power of good relationships

Session 2 Survival behaviours Session 3 Looking after ourselves

Session 4
Transitions

Attendees will need to be able to commit to all four sessions across one term (<u>either</u> Autumn, Spring or Summer) All sessions are Wednesdays 1pm – 3pm

Autumn Term 2023

Venue: The Wave Children and Family Centre, Worthing **Dates:** 18th October, 1st November, 15th November, 6th December

Spring Term 2024

Venue: Aldingbourne Country Centre, Chichester **Dates:** 10th January, 7th February, 6th March, 20th March

Summer Term 2024

Venue: Crawley Baptist Church, Crawley **Dates:** 24th April, 15th May, 19th June, 10th July



To book a place please use <u>West Sussex Services for Schools</u>

