



West Sussex Learning Disability Partnership Board 9th February 2023, held at Field Place



Minutes and Workplan

A copy of the minutes and workplan will be posted on the council's webpage [here](#).

The workplan includes actions agreed in each meeting.

Who came to the Board meeting is listed at the end of these minutes.



Introduction

Theme: 'Doing things differently'

When we say differently, we mean in another way.

There are reasons for doing things differently including:

- To save money or get the right price.
- To improve people's outcomes.
- To reduce inequalities. This means to make things fairer.
- Improve quality.
- Because more or less people need it.



An example of doing employment differently:

To increase the number of jobs available, offer different jobs that make the most of someone's skills.



Diana Bernhardt's Presentation

'Doing things differently' – why are we talking about this?

The new plan for adult social care in West Sussex '**The life you want to lead**'.

To have **the life you want to lead** may mean doing things differently:

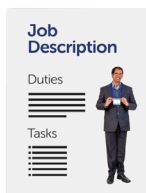


- To target money and staff time in the best possible way.
- To make things fairer and better
- More or less people need support or need different things.

At the last meeting we heard about day services doing things differently:



- **Go Create** building work opportunities
- **Team Dominica** café and training
- **Apuldram** community hub and volunteering



We have also read about **Job carving** where a new job or part of a job is created for someone with a learning disability.



An example of Job Carving might be a garage who may employ a skilled mechanic to service cars. There may be some tasks the mechanic does that do not need this level of skill.

Checking oil levels, screen washers and lights, washing and valeting could be done by an assistant.



Discussion

All the feedback from table discussion is [here](#).

Idea 1: How can things be done differently to:

- **Build relationships and be part of the community.**
- **Find work and volunteering.**

These were the top answers:



- Important to have easy and accessible information on jobs for both the employee and the employer.
- Encourage and promote business to open more space, for example to sell products.
- More accessible and easy read information on clubs and events on the internet.
- Decrease in paid and voluntary work since covid pandemic, re-investment needed to promote this again.
- Local jobs in community to promote inclusion and friendships but also to minimise accessibility and travel issues.
- Better LGBTQIA representation at venues.



Idea 2 – Individual Service Funds

Paul Feven – gave a [presentation](#) about Individual Service Funds (also known as ISF's)

An Individual Service Fund is a different way of paying for your support.

When you are eligible for support the council decides on your Personal Budget.





Now in West Sussex there are 2 ways to get your Personal Budget:

- A Direct Payment - where you manage the money and buy support yourself
- Council Managed Budget - where the council manages the money and arranges support.

The council is looking at a third option. This is called an Individual Service Fund. This is where a Provider is chosen by yourself. The Provider then looks after the money and uses it to buy support for you.

What might be the benefits for you?

- You choose the support provider.
- You have more of a say over how your support money is spent.
- You, and sometimes your family do not have to look after the money.
- You can also decide to buy support in different ways including:
 - ✓ Assistive technology
 - ✓ A club membership
 - ✓ A place at a day opportunity

What might be the benefits for Providers?

- Providers do the support planning. The council will still check you have the right amount of support.
- Providers may charge you for looking after your Individual Service Fund.
- Provider can arrange for other providers to deliver some or all of the support.



Discussion

All the feedback from table discussion is [here](#).

These were the top answers from the tables:



Good:

- Less complicated to manage
- Offers more flexibility and choice
- Promotes independence and choice
- No worries around employing someone
- Can use people and providers you know.

Not so good:

- Concerns around risks (safeguarding for example).
- Need more trust.
- Not clear who is an 'approved' provider and how to find organisations
- Paying a fee and increased cost to the person.



Idea 3 – Peer Support

The Impact Advocacy Quality Check Team made a video explaining Peer Support.

Peer support is the help and support that people with lived experiences give to each other.

This can be people with a learning disability supporting other people with a learning disability. People with mental health difficulties supporting others with mental health difficulties etc.



The support can be practical or emotional support. For example:



- Teaching someone a new skill
- Sharing what has worked for you.
- Listening to what you are worried about.
- Support someone to make a positive change.



Both the person giving the support and the person receiving the support benefit from it. It can be on a voluntary or paid basis.

Peer support is used a lot in mental health services. There's been research done to show it works well.



The benefits of Peer Support include:

- People like doing the role because they feel useful, enjoy helping others and are being paid.
- Services say that they benefit by having a more diversity in workforce. It helps them think about differences in power between them and the people they support.



Discussion

All the feedback from table discussion is [here](#).

These were the top answers from the tables:



- will help develop skills and being part of a team
- Enables people to help each other and combine skills to promote independence
- Would develop confidence and knowledge

Issues:

	<ul style="list-style-type: none"> ➤ Transport and accessibility to some locations ➤ Not clear about difference between Peer Support and Quality Checkers ➤ Need to understand risk and benefits of having a wage.
	<p>Next meeting:</p> <p>11th May 2023</p> <p>Venue: County Hall North, Horsham</p>
	<p>Dates of other meetings in 2023:</p> <p>29th June</p> <p>7th September</p> <p>30th November</p>

Who came to the Board:

Amanda Jupp – Cabinet Member Adults (Co-Chair)
Andrew Walker – Self Advocate, Speakabout (Co Chair)
Nicola Smith - Self Advocate, Voice
Mike Smith – WSCC Commissioning Officer
Jo Baldwin – WSCC Commissioning Officer
Matt Swanson, Aldingbourne Trust
Julia Pascoe – Aldingbourne Trust
Clare Seasby – Support Worker, Aldingbourne Trust
Elin Cooper – Support Worker, Aldingbourne Trust
Andrew, Luke, John, Andrew and Josh – Service Users, Aldingbourne
Dale Bacon – Self Advocate, Access All Areas
Jackie Gibson – Self Advocate, Access All Areas
Katie Green – Self Advocate, Access All Areas
Richard Hamilton - Self Advocate, Voice
Wendy Byrne - Self Advocate, Speakup
Nicola Smith – Self Advocate, Voice
Debbie Elleston – Impact Advocacy Supporter
Angela and Mina – Service Users, Outreach 3 Way
Michael Morgan – Support Worker, Outreach 3 Way
Lisa O’dehara – Manager, Outreach 3 Way
Paul – Self Advocate, VOICE
Philip Turner - Self Advocate, Speakup
Steven Bensley - Self Advocate, People Come First
Liz Holmes - Impact Advocacy Supporter
Sue Fuller –Parent Carer
Chris Button – Self Advocate, Speakout
Ron – Self Advocate, Speak Up
Hollie Ferrie – BSL Interpreter
Sarah Maynard – BSL Interpreter
Faye Delaney - Impact Advocacy Supporter
Tim Clayton– DEA, DWP
Sophie Storer – Issue Based Advocate, Impact
Abby Lonsdale –LEDER, Sussex NHS
Michael Page- Hammond – Day Opportunities Manager, WSCC
Diana Bernhardt – Senior Commissioner, WSCC
Heidi - Self Advocate, Voice
Daniel - Self Advocate, Voice
Anita Beverton – Representing Provider Forum
Laura Croucher – Health Facilitation, SCFT

Cathy Cassim – Self Advocate, People Come First

Clare Bermingham – Locality Manager, SMILE

Julie Monarty – Support Worker, SMILE

Nomzamo Sakatuwka – SMILE

Jamie Martin – SMILE

Lesley Durbin – Impact Initiatives

Sheryl Bunting – Carers Support

Guests:

Paul Feven – Consultant for WSCC