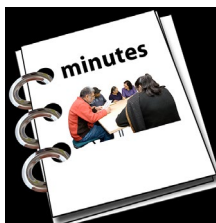




West Sussex Learning Disability Partnership Board 8th December 2022, held in Worthing

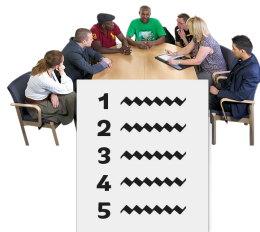


Minutes and Workplan

A copy of the minutes and workplan will be posted on the council's webpage [here](#).

The workplan includes actions agreed in each meeting.

Who came to the Board meeting is listed at the end of these minutes.



Introduction

Theme: 'Day Services'

Talking to the Board today was the start of work to involve people who use day services, family carers and providers in planning what day services should look like in the future.

The focus was on day services delivered by independent providers and not the council-run services.



Over the next year Commissioners will look at how day services can support the life you want to lead. To help the Board think about this we watched a film about the Adult Strategy. This film is called: [The Life you want to lead](#).



The strategy is adult social care's guide to what people have said we should focus on. It was co-produced and had input from the Partnership Board.



Diana Bernhardt's [Presentation](#)

1. Why are we talking about day services?

The County Council funds day services through a contract with 9 independent providers.

The contracts were set up in 2015 and are coming to an end in December 2023.

Also, there are day services funded by the council that we want to bring together, so they have the same rules.

Commissioners want to involve the Board, people who use day services, family carers and Providers in planning what day services should look like in the future.

2. What are we talking about?

The Adult strategy told us what is important to people. These things are most important:

- Relationships and Friendships
- Connecting to the local community
- Choice, control, access to paid work and volunteering

Diana wants to find out how well day services are delivering these things.

At today's Board meeting we heard about some day services that are doing things differently. This might help us think about what we could do differently in West Sussex in the future.

The Board did not talk about the council run day services which have already gone through a lot of changes recently.



3. How will we involve people?

People who use day services, family carers and Providers will be involved through:

- Discussion groups at the Partnership Board
- Online surveys
- Focus groups with family carers
- Talking to people who use day services
- Meetings with Providers

Board Members can say what they think about the involvement plan and any other ideas.

3 day services doing things differently presented next.



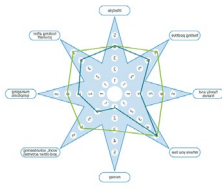
Apuldram Day Service, Chichester

Rachel Aslet-Clark, CEO of Apuldram, showed a [presentation](#).

After covid the day service could not take as many people back at the centre. Some people in supported living needed to find something different to do during the daytime.

Working closely with local charities they found people volunteering work in the Chichester area. Support hours were used to:

- Develop skills to travel to work whether by walking routes, bus or cycling.
- Help to settled into role, coaching in the work tasks.
- Working towards the person being able to work independently with less or no support. For 1 person this took a year and now independent.



People have become members of a volunteer team with everyone working alongside each other.

People are enjoying giving back, wearing a uniform, and having responsibilities.

Apuldram have developed an 'Outcomes Star' to help measure what a difference their support is making.

Rachel showed 3 films - work at UK Harvest and St Wilfred's eBay Team.



Go Create Care, Hampshire

Jenifer and Stuart showed photos from Go Create's 5-acre farm in Hampshire. The service is for autistic adults. Some service users have 1:1 support and some are supported in groups. There is lots of open space and a sensory room onsite.

Skills are taught to work in woodworking and looking after plants and animals. The charity gets funding from the council for support hours and makes money from selling what is made online and running a farm business.

Service users become more confident and learn to think more for themselves with reducing support. Some people progress to do tasks independently.

All are given a daily token, value of £2, which they can save and then exchange for things in the online shop.



The timetable and activities are always the same as consistency is very important to the service users.

When someone can do things independently then move on to the employment scheme. Council funding is reduced and Go Create pay wages as member of staff.



Paid jobs at the day service also include being a Mentor. Teaching other service users.

Go Create have opened a wedding venue and clamping site in Midhurst, West Sussex. Employees help set up the venue for weddings and do all the tidying up afterwards.



Team Domenica, Brighton, and Hove

Kate Payne, Day Service Manager, showed [a film](#) about the day service. Team Domenica has a training centre, training café and employment centre in Brighton.

84% of people on their supported internship programme get a paid job. That was 15 people last year.



In 2022-23 they plan to support 100 people across their service. In Year 1 - people complete an employment programme. Some people then move on to the supported internship programme.

When they finish their internship, they get a job and leave the service. But Team Domenica then offer a 'wrap-around' service to make sure the employer and employee stay as supported as needed.



The film shows people learning skills in the café, roastery and barista. People said they felt less lonely and had made friends. Parents said how proud they were of achievements and which they hadn't thought were possible.



Discussion

All the feedback from table discussion is [here](#).

What is new and different about these examples?



The top 3 answers were:

- Paid work opportunities
- More options and choices
- Being challenged to progress



What is working well in our day services?

The top 3 answers were:

- Seeing friends
- Exercise
- Opportunity to progress or remain settled, to grow, develop and progress in a safe way, supporting independence



What could be improved?

The top 3 answers were:

- Paid work opportunities
- Community connections
- More choice of activities





Measuring how well day services are meeting the priorities in the adult social care strategy

Lisa Loveman gave a [presentation](#).



Lisa said the Board can help decide what measures are put into the new day service contract.



Measures help the council and services focus on what's most important.

Measures can help us see if targets are being reached, if services improving, staying the same or getting worse.



Important to hear what people who use the services think is important to measure or check.

Discussion Group feedback is [here](#).

The top 4 answers were:

- Services (activities, timetable) coproduced
- Users are happy, have fun, are satisfied
- Do things in the communities you live in
- Skills are built



 <p>February 9</p>	<p>Next meeting:</p> <p>9th February 2023</p> <p>Venue: County Hall North, Horsham</p>
 <p>2023</p>	<p>Dates of meetings in 2023:</p> <p>9th February 11th May 29th June 7th September 30th November</p>

Who came:

Amanda Jupp – Cabinet Member Adults (Co-Chair)
Andrew Walker – Self Advocate, Speakabout (Co Chair)
Nicola Smith - Self Advocate, Voice
Mike Smith – WSCC Commissioning Officer
Casper Beade Rioseco – Co-production Manager, Aldingbourne Trust
Dale Bacon – Self Advocate, Access All Areas
Jackie Gibson – Self Advocate, Access All Areas
Katie Green – Self Advocate, Access All Areas
Sarey England - Self Advocate, Speakabout
Richard Hamilton - Self Advocate, Voice
Wendy Byrne - Self Advocate, Speakup
Lisa Loveman – WSCC Commissioning Manager
Debbie Elleston – Impact Advocacy Supporter
Paul – Self Advocate, VOICE
Philip Turner - Self Advocate, Speakup
Steven Bensley - Self Advocate, People Come First
Liz Holmes - - Impact Advocacy Supporter
Sue Fuller – Parent Carer
Hollie Ferrie – BSL Interpreter
Sarah Maynard – BSL Interpreter
Faye Delaney - Impact Advocacy Supporter
Kirstie Westmore – DEA, DWP
David, James, Belinda, Michael, Mark, Matt and Jo – Strawfords Day Service Self Advocacy Group
Ellesha Harris – Strawfords Support Staff, WSCC
Neil Rodgers – Strawfords Support Staff, WSCC
Karen Sparshott – Strawfords Support Staff, WSCC
Sophie Storer – Issue Based Advocate, Impact
Edel Parsons – Lead for LEDER, Sussex NHS
Michael Page- Hammond – Day Opportunities Manager, WSCC
Diana Bernhardt – Senior Commissioner, WSCC
Heidi - Self Advocate, Voice
Daniel - Self Advocate, Voice
Ashley Bidwell - Self Advocate, The Laurels
Evelynn Peacock - Self Advocate, The Laurels
Sandra Smith - Self Advocate, The Laurels
Noelle Howells - Self Advocate, The Laurels
Sarah Mitton – Support Staff, The Laurels
Chris Hughes – Support Staff, The Laurels

Jen Brooks -
Stu Brown -
Mary Doran – Representing Provider Forum
Laura Croucher – Health Facilitation, SCFT
Cathy Cassim – Self Advocate, People Come First
Josh, Diane, Emma, Jackie, Brett and Richard - Self Advocates,
Burnside Day Service
Keeley – Support Staff, Burnside
Lisa – Support Staff, Burnside

Guests:

Rachel Aslet-Clark – CEO, Apuldram Centre
Kate Payne – Head of Day Services, Team Domenica
Jenifer and Stuart – Go Create
Lucie Venables – Head of All-Age Commissioning, WSCC