West Sussex Learning Disability Partnership Board Workplan (December 2021 – March 2023)

December 2021 – theme 'Community Life'

This meeting covered:

- Bus Transport Plans and bid for Government funding to improve bus services.
- Library services and role in providing information to all. Focus of Clio3 database.

Actions:

- 1. LDPB feedback included in Bus Consultation (Steve Doole).
- 2. Bus Report Form shared with Learning Disability Services (Harriet Wilson).
- 3. Self-advocates to join Bus Users focus group (Steve Doole/Harriet Wilson).
- 4. Library Services to share details of services and Clio 3 starting with Learning Disability Provider Forum (Ruth Davis/Anita Bevan).
- 5. Organisations to follow-up if want to use Clio3 contact details shared (All service leads).
- 6. Information shared through the Sussex and Surrey Cancer Network (Boba Rangelov).

February 2022 - theme 'LGBQT+'

This meeting covered:

- Support, awareness, training
- What is stopping people who have learning disabilities getting support for LQBTQ+.
- What are the key messages for raising awareness and understanding?

Actions:

1. To look at this theme again in 12 months. Ask if actions have happened and if this has made a difference (Lisa Loveman).

- 2. Hold meeting with WSCC training department to review how LGBTQ is covered on the Learning and Development Gateway offer (Mike Smith).
- 3. Ask the Learning Disability Provider Forum for a discussion about LGBTQ. Include lived experience stories (Anita Beverton).
- 4. Add information to Clio3, Connect to Support, Local Offer (Tracey Light).
- 5. All organisations to review how staff are supported to have conversations with people they work with who might want to explore their sexuality, meet-up with people from their LGBTQ community or keep safe in their personal relationships (All).

February 2022 – October 2022 - Quality Check 'Peer Support'

The Quality Check will cover:

- Understand areas Peer Support works well.
- Understand areas of knowledge Peer support workers can share.
- Understand reasons why Peer Support might be challenging.
- Understand what will attract people to a Peer Support Worker job.
- Look at what is best practice in delivering a Peer Support Model.

Actions:

- Impact recruit Quality Check Team (March 2022)
- Collect case examples that can be used in a business case (April/May 2022).
- Recommend a 'Role' and 'Tasks' that will support a learning disability service (July 2022).
- Present findings to the Board (Early 2023).
- Follow up meetings with leads in Health and Social Care (Early 2023).

May 2022 - theme 'Covid recovery'

This meeting covered:

- How can we help fill some of the gaps left by Covid? For example, take-up of annual health checks?
- Ways of working differently were brought in because of covid.
 Is there any that we think are positive and want to build upon?
- What are the important things to think about for people who are stuck inside or worried about going out and trying new things?
- What if anything can the Partnership Board do or ask other people to do about these things?

Actions:

- 1. Health and social care commissioners:
 - Set-up an open-ended survey so that people can leave their feedback on how covid is impacting their lives and ideas on what would help.
 - Check services set-up to support post covid are accessible to people with a learning disability and staff have had training.

2. Provider Services:

- All Service Providers to give regular updates to service users.
- Day services and My Network Hubs to update people waiting to return to in-person support.

3. Health:

- Share information about the NHS website to register anyone waiting for NHS care and treatment.
- Get more information on why people did not have their annual health check and if home visits can be offered as a reasonable adjustment.
- Share information about access to anti-viral treatments.
- Report back on what is planned to increase take-up of GP and Dentist appointments where people have not been attending.
- Share information on what mental health support is available.

4. Carer support:

- Targeted piece of work with families that were shielding.
- All to share '<u>Carers Response Line</u>' Tel: 0300 028 8888 open six days a week.
- Share information on places carers can go that are safe for people who continue to shield.

5. Public Health:

- Wellbeing Hubs and Social Prescribers to check accessibility and training of staff.
- Community volunteers and Covid Community Hub have a local role to continue to offer support as people are still being impacted.

July 2022 - theme 'Having enough money'

This meeting covered:

- The big money issues.
- Cost of living crisis
- Ways to save money

Actions:

- 1. Strategic Food Network Tracy Light will ask Neil Cotton to review the easy read information and how easy it is for people with a learning disability to find information.
- 2. Everyone will promote completing the WSCC Financial Assessment survey.
- 3. Self-advocacy groups will contact energy companies with their easy read campaign.
- 4. Impact Advocacy will share the DRE checklist with the Welfare Benefits Team and Lifelong Services.
- 5. My Network service to check on people they know who do not have any funded or family support.
- 6. My Network workers, Personal Assistants (via Independent Lives) and outreach support services to consider some training from the Energy Network.

September 2022 - theme 'Health'

This meeting covered:

- Accessing health appointments
- Wellbeing programme
- LeDeR Report 2021/22
- What should be done about heart disease?
- What needs to get better?

Actions:

- 1. Community Learning Disability Health Teams to make sure physical health checks are always done (Helen Gledhill).
- 2. Health Facilitation Team will work in partnership with the Wellbeing Hubs. This work will aim to increase use by people with a learning disability (Corinne Nikolova).
- 3. Health Facilitation Team will share positive news stories about GP Practices (Corinne Nikolova).
- 4. Wellbeing Hubs to work with self-advocates (Tamsin Cornwall).
- 5. LEDER to review presentation with self-advocates (Abby Lonsdale).