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| All About Me |
| **My favourite things at home are:**  (This might include toys, games, comfort objects, stories, places …) |
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| **Meaningful or special relationships in my life are:**  (This might include family members, friends, people who look after me, other people involved in my life, even pets! Photos are lovely to see and share – and it helps us to know who everyone is!) |
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| **My routines are:**  (This might include eating and sleeping routines, the kind of cup I use, my toileting habits, my routines, and who will usually bring and collect me.) |
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| **How I communicate:**  (This might include special words or gestures, home language or any other types of communication I use.) |
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| **My feelings:**  (This might include what makes me happy, sad, angry or scared and how I show these feelings.) |
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| **When I am feeling … it helps me if …** |
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| **Anything else you might need to know about me:**  (This might include any health care needs, other people who are involved in my well-being, or any other information I would like to share with you.) |
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| **Ongoing observations and discussions:** |
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