

# WHAT YOU CAN DO

## WHAT YOU SHOULD DO IF YOU SUSPECT ABUSE?

If it's an emergency stay safe and **call 999**.

Otherwise, contact **West Sussex Adults' CarePoint** on:

 **01243 642121 (24 Hours)**

 **socialcare@westsussex.gov.uk**

 **Typetalk 018001 01243 642121**

 **Write to Adults' CarePoint, Second floor, The Grange, County Hall, Chichester, PO19 1RG.**

## WHAT WILL HAPPEN NEXT?

A professional at CarePoint (Adults' Services) will look at the concern.

# SAFEGUARDING ADULTS

You can find out more information about safeguarding on our website:

 **[www.westsussexsab.org.uk](http://www.westsussexsab.org.uk)**

For more details on the policies and procedures:

 **[sussexsafeguardingadults.procedures.org.uk](http://sussexsafeguardingadults.procedures.org.uk)**

If you have any feedback about a safeguarding experience or would like more information about the Safeguarding Adults Board, you can email us:

 **[safeguardingadultsboard@westsussex.gov.uk](mailto:safeguardingadultsboard@westsussex.gov.uk)**

Do not use this email if you are worried about an adult.

# SAFEGUARDING ADULTS

## WHAT TO DO IF YOU THINK SOMEONE IS BEING ABUSED OR NEGLECTED

**WEST SUSSEX  
SAFEGUARDING  
ADULTS BOARD**

**Everyone's business**  
*Working together to  
prevent harm and abuse*

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# ABUSE CAN HAPPEN TO ANYONE...

**SAFEGUARDING** is about how adults can get help to stop abuse and neglect from happening.

## WHO MIGHT BE ABUSED OR NEGLECTED?

People who are 18 years or over, have **care and support needs** and are unable to protect themselves because of their care and support needs.

**Care and support needs** describes someone who needs health and/or social care services (whether or not they receive services).

Abuse and neglect can happen **anywhere**.

**Anyone** can cause abuse.

## WHAT YOU CAN DO:

- Call **999** if someone is injured or you think a crime is committed.
- Let the person know that help is available.
- Talk to the person to find out what they want to do.
- **REPORT ABUSE.** You can help bring abuse to an end. You can contact Adults' CarePoint (contact details overleaf).

# WHAT IS ABUSE AND NEGLECT?

## THERE ARE DIFFERENT KINDS OF ABUSE:

**Physical Abuse** includes being hit, slapped, kicked, pinched, unauthorised restraint, withholding food or being forcibly fed.

**Sexual Abuse** includes being touched on any part of the body that is not wanted. Being made to touch or kiss someone else, being raped, being made to view sexual acts or material or made to listen to sexual comments when it is not wanted.

**Discriminatory abuse** is not being allowed to do things because of: age, culture, disability, gender, gender reassignment, pregnancy, marriage or civil partnership, race, sexual orientation or religion or belief.

**Modern Slavery** can take many forms including but not limited to sexual exploitation, forced labour, domestic servitude or slavery.

**Neglect and Acts of Omission** is when medical or physical needs are ignored. This could include not being allowed to access appropriate health or social services, having food or drink withheld or being left in wet or dirty clothes.

**Organisational Abuse** is providing poor care in a care setting such as a hospital or care home. This abuse and/or neglect may be a one-off incident, repeated incidents or on-going ill-treatment. It includes a lack of individual care, no flexibility of bedtimes or waking, deprived environment or lack of stimulation.

**Self-Neglect** may happen when a person is unable and/or unwilling to care for themselves or allow others to do so.

**Domestic Abuse** includes any incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse between those aged 16 or over who are or have been intimate partners or family members regardless of their gender or sexuality. It includes so called 'honour' based violence, female genital mutilation and forced marriage.

**Financial Abuse** is when someone steals money or property. This includes being pressurised into giving people money or paying for things. It can be a misuse of benefits and not being allowed access to money.

**Psychological or emotional abuse** includes when someone is being threatened, not being given choices, being bullied or isolated from other people.